

Bra Bowl Project: DIY Handout

Turn an old bra into a unique paper mache bowl! Fun, quirky, and a great conversation piece.

Materials Needed:

- Old bra (with a band under the cups)
- Medium-thickness cardboard
- Dinner plate (template)
- Masking tape
- Paper mache strips (newspaper + glue mix)
- Paper pulp (optional)
- Sandpaper (fine)
- Paint (emulsion or acrylic)
- Varnish, scissors, pencil, brush

Instructions:

1. Cut a cardboard circle the size of your torso (use a dinner plate as a guide).
2. Fasten the bra and stretch it over the circle. Tape it securely.
3. Cover the bra completely with masking tape; wrap straps well.
4. Apply 3 layers of paper mache. Dry upside down to shape straps.
5. Add strips underneath to cover tape. Dry thoroughly.
6. (Optional) Add pulp to the outside; dry. Then add inside the bra.
7. Apply pulp to the inner strap rims. Let dry.
8. Turn over and add pulp to strap exteriors.
9. Add one more full layer of paper strips.
10. Sand lightly. Remove dust.
11. Prime with light-coloured paint. Optionally re-coat.
12. Paint in your style and varnish.

Tips: Dry upside down, use pulp to sculpt or fix bumps. Be patient!